

Provide tap water instead of bottled water



Have an office fruit box



Ensure the tea and coffee provided is Fairtrade



Ensure food waste is separated and collected in a 'green' food waste system



Grow herbs or salad leaves on window sills e.g. micro leaves, basil, chives



# GOOD FOOD CHANGES FOR BUSINESSES



Buy everyone a mug, reusable coffee cup or refillable bottle



Set up an office food buying group to encourage purchase of locally grown, seasonal produce



Organise fundraising activity for a local charity working on food poverty



Reduce the meat content of catered food – try ordering all-vegetarian or have Meat free Monday



Ensure vending machines are consistent with Sugar Smart guidelines

**Small changes can make a big difference, and bring benefits to your staff, your business, and the city.**

Be part of Bristol's food revolution and tell us what changes you're planning to introduce at your organisation at: [bit.ly/Biz\\_food](https://bit.ly/Biz_food)